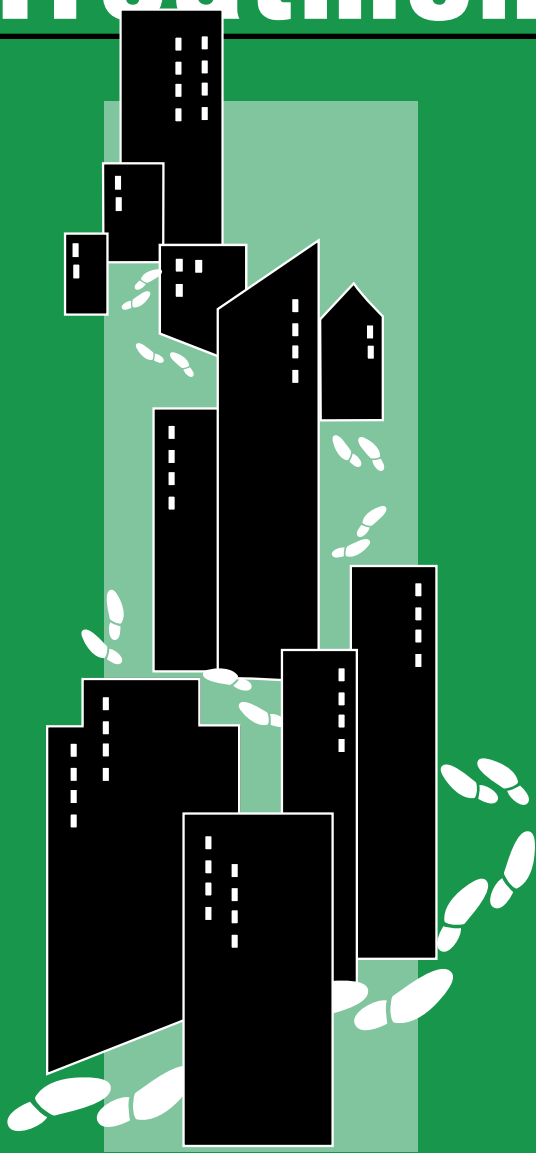
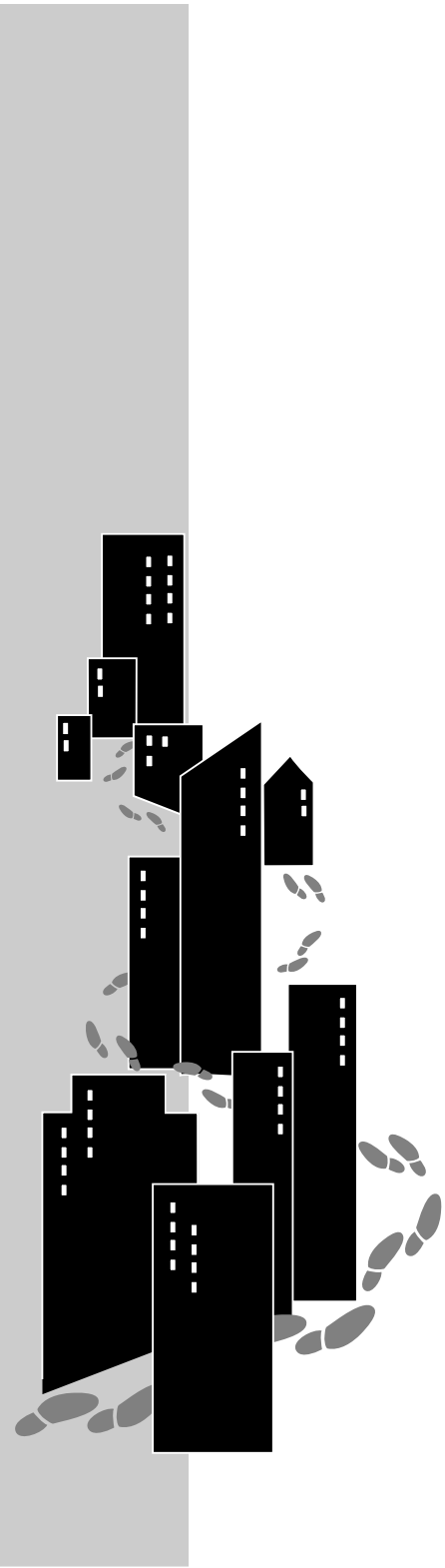


# Trail to Treatment





# Welcome!

**Trail to Treatment** is a guidebook for outreach workers, case managers, counselors and other frontline staff who refer people to drug and alcohol treatment. It contains information that will help both youth and adults access treatment. Helping someone get into treatment is a journey that can feel confusing and overwhelming but does not have to be. This guidebook aims to reduce the anxiety and confusion by answering many common questions. It contains information on the Department of Social and Health Services (DSHS), medical coupons and funding, assessment for treatment, local treatment programs, support groups, and much more.

**This guidebook is NOT designed for distribution to clients.** It is meant to be a resource for front-line staff. All treatment services listed in this guidebook are limited to licensed facilities.

Every effort has been made to assure that information is accurate as of the date of publication. If you find errors, want to suggest changes or additions, or would like additional copies of this guidebook, please email [hivstd.info@metrokc.gov](mailto:hivstd.info@metrokc.gov) or call 206-296-4649.



King County

Mental Health, Chemical  
Abuse and Dependency  
Services Division  
Department of Community  
and Human Services  
821 Second Avenue, Suite 610  
Seattle, WA 98104-1598  
206-296-7615  
[www.metrokc.gov/dchs/mhd](http://www.metrokc.gov/dchs/mhd)



HIV/AIDS Program  
400 Yesler Way, 3rd floor  
Seattle, WA 98104-2615  
206-296-4649  
TTY: 206-296-4843  
[www.metrokc.gov/health/apu](http://www.metrokc.gov/health/apu)

Available in alternative formats



***Can't find the resource?***

***Want to discuss a client situation?***

***Call the Alcohol/Drug 24-Hour Help Line!***

From the greater Seattle area...	(206) 722-3700
Toll-free statewide.....	1-800-562-1240
Teenagers.....	(206) 722-4222
Website.....	<a href="http://www/adhl.org">www/adhl.org</a>

24-hour services

7 days/week

365 days/year

The Alcohol/Drug 24-Hour Help Line is a confidential telephone service that provides assistance and guidance for people who have alcohol and other drug-related problems in Washington State.



# Trail to Treatment

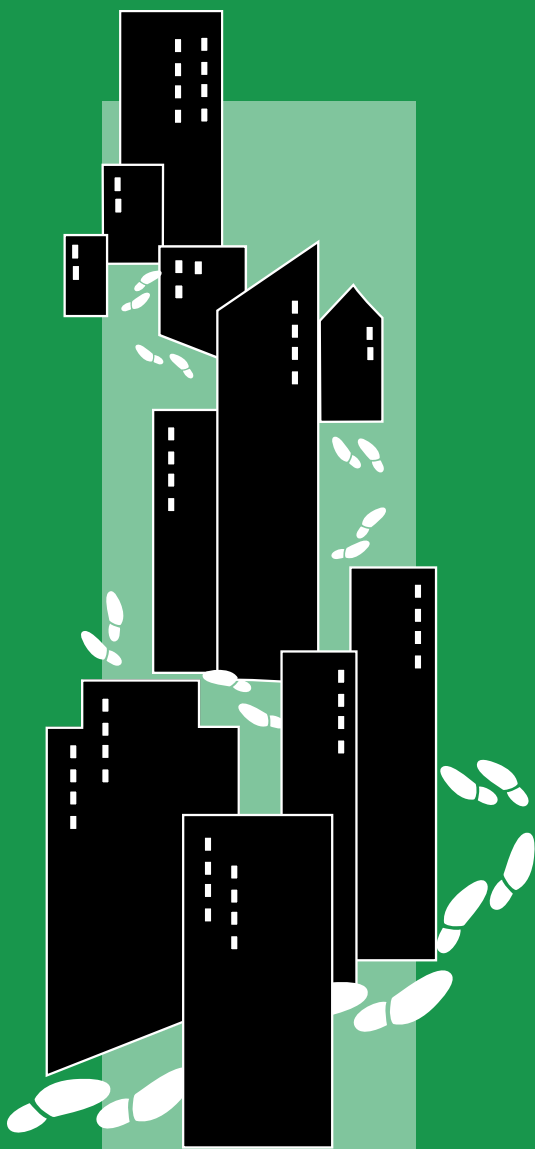
*A guide for helping people get into  
drug/alcohol treatment*

## Tour Guide

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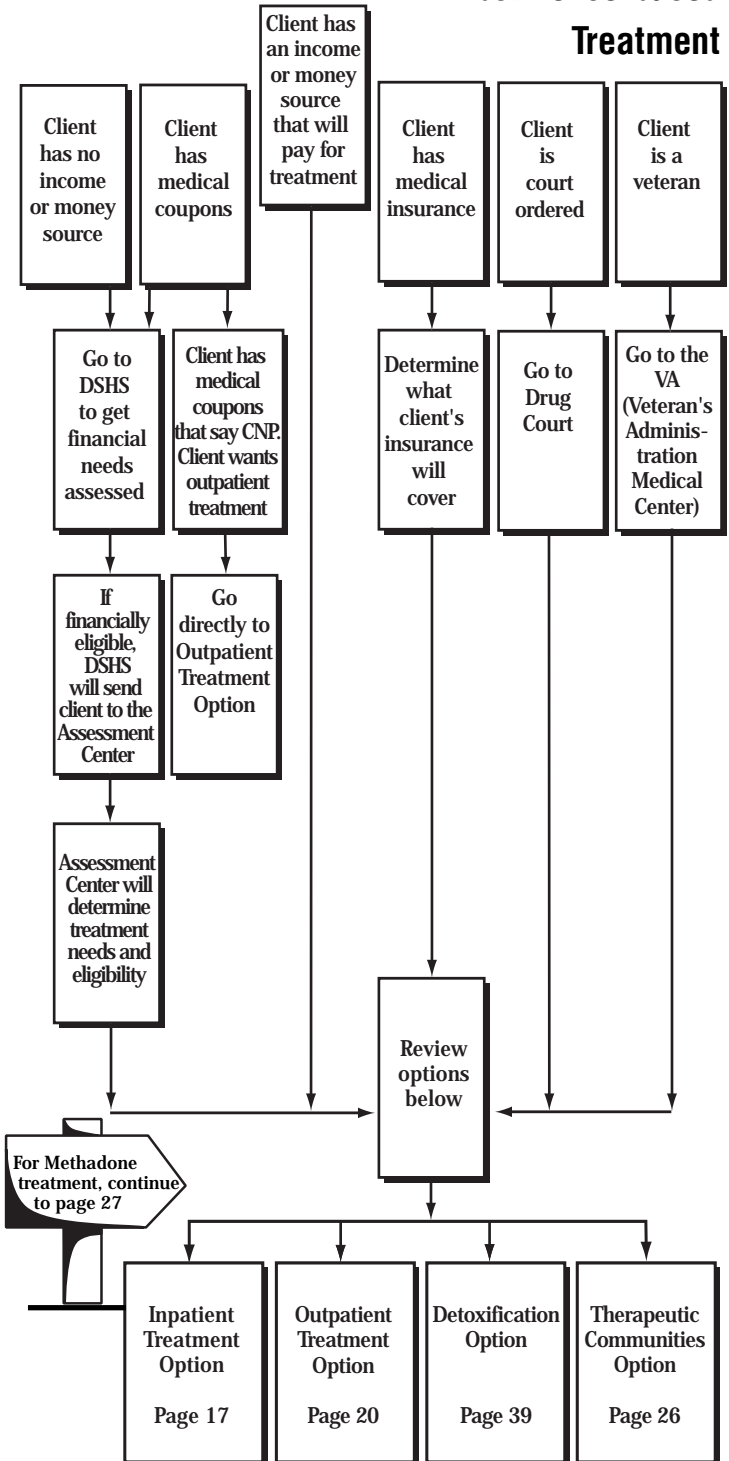


# Trail      Adult to      Section Treatment



# Adult Tour Map

## Abstinence-based Treatment





## **Destination: Paying for Treatment**

Treatment costs money. There are several options available that can help pay for some or all program costs. These options include private insurance, self pay, veterans benefits, and public assistance. Below is a description of these financial resources. It is important to make sure that treatment programs accept the types of resources available to clients. So make sure ***ahead of time*** that you understand what clients will be responsible for so they will not be surprised by large bills!

### **Insurance Benefits**

Insurance benefits vary greatly depending on the type of coverage. If clients have insurance, ***do not*** assume that it covers alcohol and drug treatment. Also, don't assume that it will cover the preferred treatment program. A managed care plan will most likely specify where and what type of treatment it covers. Non-managed care plans will place a limit on the type and amount of coverage. Clients should look in their benefits book **and** call the company to verify coverage and obtain pre-authorization for services.

### **Private Income and/or Money Source That Will Pay for Treatment**

#### **What is the cost of inpatient treatment?**

The costs for inpatient treatment vary. If clients do not have medical insurance or medical coupons, treatment may be expensive. A twenty-eight day program in a for-profit agency ranges from \$8,000 to \$20,000.

#### **What is the cost of outpatient treatment?**

The costs for outpatient programs vary as well. Some programs offer a one-time cost for a range of services. Many programs also provide treatment on a sliding fee scale. This means that they look at how much money clients make, how many people clients support on that income and a scale to determine how much clients should pay. Others allow clients to pay

off their treatment over time. However, time payment arrangements are becoming less common.

## **Veterans Benefits**

Veterans benefits are available to clients who have served in the armed forces, whether active duty or not, except for those who were dishonorably discharged. Some documentation is required to get in, including DD214 (discharge papers).

### **Who to call to find out more about treatment**

Call the Veterans Affairs Puget Sound Health Care System at 206-762-1010 to schedule an assessment.

### **What type of treatment does Veterans Affairs (VA) offer?**

VA offers outpatient alcohol and drug treatment and detox services:

- Outpatient: Counseling, monitored antabuse and Naltrexone
- Methadone replacement: Counseling, daily methadone dosing
- Buprenorphine treatment

## **DSHS: Department of Social and Health Services**

DSHS is the Washington State Department of Social and Health Services. It provides a wide range of services and public assistance programs to families and individuals who meet financial eligibility requirements. Some of the services it provides include:

- Cash assistance
- Medical coupons
- Referrals to state-funded drug/alcohol assessment and treatment through Alcoholism and Drug Addiction Treatment and Support Act (ADATSA) assessment centers
- Basic food assistance

### **What services does DSHS offer?**

Services depend on income, if any, and an assessment by a DSHS case worker. Services provided include financial, medical and food stamp benefits, treatment referrals, limited case management and protective payee services. Eligibility for each service

depends on client needs, ability to work, medical conditions, number of children, and many other factors that are assessed during the application interview.

## Medical Identification Cards (Coupons)



*To apply for inpatient treatment, clients must go to their local Community Service Office (CSO).*

Understanding the different Medicaid programs, what they cover and what they don't cover can be **very** confusing and frustrating. There are many different types of identification cards (coupons) that cover many different services. The services that one coupon covers may not be covered by another. Clients may also find that the waiting time to get into treatment may differ depending on the type of coupon. The most comprehensive services are covered by CNP coupons. But even if clients do not have CNP coupons, they may be eligible for public-funded treatment. Clients should ask their local CSO about this. Below is an explanation of different coupons.

### **CNP (Categorically Needy Program - Federally funded) Coupons may say CNP or CNP-QMB.**



*For outpatient treatment, clients who have CNP coupons do not have to go to their local CSO.*

This is Medicaid, which provides the broadest scope of medical coverage. Medicaid is the federal program that includes recipients of SSI (Supplemental Security Income - Federal) and TANF (Temporary Aid to Needy Families). If clients have CNP coupons, they can access outpatient treatment directly from a community treatment center and do not have to go to their local CSO to get a referral. However, if clients are in need of inpatient treatment, they must go to their local CSO to receive a referral for an ADATSA assessment to set up the inpatient treatment.

### **MNP (Medically Needy Program)**

**Coupons may say MNP, MNP-QMB, MNA, MN-B, MN-H or MNS.**

Clients may qualify for the Medically Needy Program if they are permanently and totally disabled and do not

qualify for federal income assistance programs because their income is too high. Typically, clients will have medical needs but do not have medical insurance. The MNP coupon comes with a spend-down requirement that works like an insurance plan's deductible. Clients must spend a certain amount of money every 3 to 6 months before Medicaid will kick in and cover expenses. Once the spend-down has been met, medically needy coupons will pay for drug/alcohol treatment. Clients should check with their local CSO before seeking treatment.

### **GAU (General Assistance for the Unemployable - State Funded) Coupons will say GAU.**

This is short-term coverage. Those who apply for GAU may also need to apply for Supplemental Security Income (SSI) which is a federal financial assistance program for people who have long term disabilities. DSHS will direct clients in this process. If clients have GAU and want treatment, they **must** go to their local CSO to determine eligibility for treatment funded through ADATSA. If eligible, the CSO will refer individuals to King County Assessment Center staff for an evaluation and referral.



*GAU does not cover treatment costs; however, it may be a ticket to ADATSA-funded treatment services.*

### **GAX (General Assistance Expedited for Medical Disability) Coupons will say GAX.**

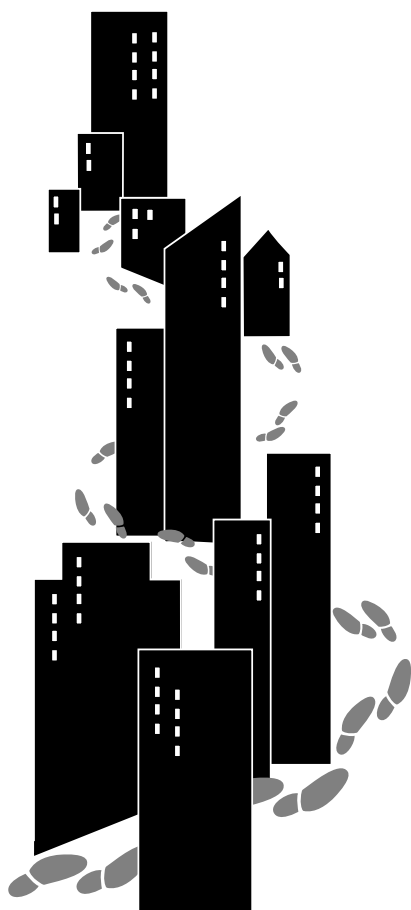
GAX means that a client has applied for SSI and is presumed to be eligible. GAX can be used until the SSI eligibility is finally determined. GAX clients who want drug or alcohol treatment should check with their local CSO. GAX coupons will cover the full scope of treatment services funded by CNP coupons (as described above).

Refer to the ADATSA section to learn more about getting assessed for treatment.

### **Basic Food Assistance**

A financial worker will be able to determine eligibility for the Basic Food Assistance program (popularly known as food stamps). Purchase of alcohol

and cigarettes and other non-food items is not permitted with food stamps. In some residential facilities, clients may be asked to authorize the facility to use food stamps on their behalf. In most areas, including King County, a DSHS debit card is now issued which includes food assistance funds.



## DSHS Locations

Clients should go to the local DSHS Community Service Office (CSO) in their zip code. Homeless clients can go to any CSO, but Belltown is considered the best. The Belltown CSO is located in downtown Seattle and is readily accessible by bus at no cost from anywhere in the downtown area. Below is a list of CSOs and the zip codes they serve.



*To get benefits, clients **must** meet in person with a CSO case manager.*

### King North Office

907 NW Ballard Way, Suite 100

Seattle, WA 98107-4607

Main: 206-341-7424

TTY: 206-706-4254

Zip codes: 98103, 98105, 98107, 98115, 98117, 98125,  
98133, 98155, 98177, 98195

### Belltown Office

2106 2nd Avenue

Seattle, WA 98121-2298

Main: 206-341-7427

TTY: 206-956-3318

Zip codes: 98101, 98104, 98109, 98119, 98121,  
98134, 98199

### Capitol Hill Office

1700 E Cherry Street

Seattle, WA 98122-4633

Main: 206-341-7431

1-800-546-2314

TTY: 206-720-3164

Zip codes: 98102, 98112, 98122, 98144

### Rainier Office

3600 S Graham Street

Seattle, WA 98118-3175

Main: 206-341-7429

TTY: 206-760-2402

Zip codes: 98108, 98118, 98124

**West Seattle Office**

4045 Delridge Way SW, #300

Seattle, WA 98106-1278

Main: 206-341-7425

TTY: 206-923-4863

Zip codes: 98013, 98018, 98070, 98106, 98108, 98116,  
98126, 98136

**King Eastside Office**

14360 SE Eastgate Way

Bellevue, WA 98007-6462

Main: 206-341-7404

1-800-662-6715

TTY: 425-649-4012

Zip codes: 98004, 98005, 98006, 98007, 98008,  
98011, 98014, 98015, 98019, 98024,  
98027, 98028, 98029, 98033, 98034,  
98039, 98040, 98041, 98045, 98050,  
98052, 98053, 98065, 98068, 98072,  
98073, 98074, 98075, 98083

(Regardless of zip code, client must reside in King County.)

**Burien Office**

15811 Ambaum Boulevard SW

Seattle, WA 98166-3013

Main: 206-341-7430

TTY: 206-439-5321

Zip codes: 98058, 98062, 98146, 98148, 98166,  
98168, 98188, 98198

**Renton Office**

500 SW 7th Street, Suite B

Renton, WA 98055-2983

Main: 425-341-7434

TTY: 425-277-7293

Zip codes: 98038, 98055, 98056, 98057, 98058,  
98059, 98178

**Federal Way Office**

616 S 348th Street

Federal Way, WA 98063-7023

Main: 253-341-7426

TTY: 253-661-4950

Zip codes: 98001, 98023, 98033, 98047, 98054,  
98063, 98093

## **King South Kent Office**

25316 74th Avenue S

Kent, WA 98035-6022

Main: 253-341-7428

1-800-422-7912

TTY: 253-872-2769

Zip codes: 98002, 98010, 98022, 98025, 98031,  
98032, 98035, 98042, 98048, 98051,  
98064, 98071, 98092

## **Auburn Office**

2707 I Street NE

Auburn, WA 98002-2411

Main: 253-804-1159

1-877-586-5502

TTY: 253-804-1175

Zip codes: 98002, 98010, 98022, 98051, 98071, 98092  
(Cash assistance for families who are TANF WorkFirst clients **only**.  
Others should contact the King South Kent Office.)

## **What are the hours of operation?**

Operating hours for the CSOs are Monday through Friday from 8:00 am until 5:00 pm.



*Wednesday is paperwork day for many CSOs. They do not see clients or answer phones on this day.*

Clients may pick up or drop off applications and get general information from the front desk during these hours. To meet with a case worker, it is recommended that clients schedule an appointment. Walk-in hours vary among the different CSOs. Call for specific CSO walk-in hours.



*Mondays are usually the busiest day of the week. For shorter waits, clients should go on a Tuesday or Thursday.*

## **Who can help clients through the process?**

Some community-based agencies can provide escorts and transportation to appointments. People of Color Against AIDS Network (POCAAN), Street Outreach Services (SOS), REACH case managers and the Seattle Indian Health Board can often provide these



services. Clients should call them for more information.



*Clients can get help from others who are willing and able to assist with appointments.*

### **How long will clients have to wait to see someone?**

In most cases, if clients have an appointment, they should be seen after a brief wait (20-30 minutes). If clients come during walk-in hours, it could be an hour or two.



*Encourage clients to make an appointment. Their wait will be much longer if they walk in.*

### **How to apply for benefits**

First: Clients should pick up a yellow application form from any CSO, fill it out and get all required documentation together. This includes a photo ID, social security card, any income verification and social security cards for children (if applicable).

Second: Clients should then call the local CSO for an appointment (some have automated systems) or go in during the walk-in hours and try to be seen.



*The first of the month is a bad time to apply for benefits. DSHS is very busy at this time!*

### **How long before notification of benefits?**

Clients may be told what they are eligible for right after meeting with a worker.



*Outreach workers from Street Outreach Services (SOS), People of Color Against AIDS Network (POCAAN), the Seattle Indian Health Board (SIHB) and REACH case managers will walk clients through the process of obtaining drug/alcohol treatment.*

### **What if clients are not United States citizens?**

U.S. citizenship or a green card is required in order to receive treatment paid for by the state. Non-citizens who do not have a green card will not be eligible for

treatment benefits through DSHS or ADATSA. Some agencies, such as Consejo, may be able to provide counseling services for those who are not eligible for these benefits.



*Call around to find out if agencies provide services for undocumented clients. Although they may not provide formal treatment, they may provide other support services.*

### **Are interpreters available through DSHS?**

Interpreters are available for any language. They are hired for the specific meeting, so it must be arranged in advance.



*Don't wait until the last minute to request an interpreter. This may delay the entire process.*

### **What could get in the way of clients receiving benefits?**

Not following through is what will do the most harm. This includes clients not keeping appointments or not gathering the proper documentation necessary to get benefits. These include picture identification, social security card, proof of income or unemployment compensation and proof of citizenship. If not a citizen, a green card is required.



*Encourage clients to keep all appointments and have all required documentation in place.*

Once in the system, clients will be assigned a financial worker. This is the person to call for most questions. If the financial worker does not have the answer, clients will be directed to someone else such as an incapacity specialist, social worker, SSI facilitator or another DSHS staff person. Financial workers can be reached by phone. Phone hours are usually 8:00 am until noon, but some workers set special phone times. Encourage clients to leave a message if a call is not answered directly.



*Encourage clients to keep a list of all the names and phone numbers of people they have had contact with and when those people can be reached.*

## What if clients lose their medical card or food stamp ID?

A replacement medical card can be issued. Clients should contact their financial worker. A lost food stamp ID card can be replaced at the local CSO with a financial worker's approval. ID is required to pick it up. Without an ID, clients should notify their worker so that other arrangements can be made.



*Encourage clients to keep their medical card on them at all times. If they keep it in the same place, they will always know where to find it.*

## Can benefits be lost?

Clients will lose benefits if:

- They don't respond to requests for information, interviews and/or documentation.
- They give false information.
- They don't complete the 6 month and annual review forms.
- They don't report income they have received.



## **Destination: ADATSA**

ADATSA stands for Alcoholism and Drug Addiction Treatment and Support Act. It is a public assistance program for individuals who are incapacitated due to alcoholism or drug addiction. ADATSA staff conduct assessments and refer people to appropriate treatment. In other words, the program is for people who are unable to support themselves financially because their drug use is interfering with their ability to stay employed.

### **Eligibility**

Clients may be eligible for ADATSA if:

- They are at least 18 years old.
- They have no or low income and limited resources.
- They are in need of drug/alcohol treatment.

### **How to access ADATSA**

ADATSA provides funding for drug/alcohol treatment if clients cannot work or support themselves due to alcoholism or drug addiction. To access ADATSA funding, clients must do the following:

- 1** Fill out a DSHS Public Assistance form to request services. Meet with a financial worker and an incapacity specialist at the local CSO. The incapacity specialist or financial worker will determine the need for financial assistance.
- 2** Tell the worker that they need treatment.
- 3** If clients are eligible for financial assistance **and** they want treatment, the incapacity specialist or the financial worker will then refer them to the King County Assessment Center case monitor for a chemical dependency assessment.
- 4** Meet with the case monitor. After assessing the client, the case monitor will recommend a chemical dependency treatment plan outlining the type and length of treatment needed. **Treatment recommendations will vary from person to person.** In addition to the treatment itself, clients

may also receive a limited living stipend while in treatment.

- 5 After the type and length of treatment have been determined, clients may be placed on a waiting list if inpatient treatment is recommended. There is sometimes a wait list for outpatient treatment, also. The waiting time will vary depending on the type of treatment needed and the capacity of the ADATSA system at the time of request.
  - Length of treatment will vary depending on the client's need and type of services at an agency or agencies that are contracted for ADATSA services.
  - Clients must remember to apply with the DSHS CSO or be on public assistance before they can be assessed by Assessment Center staff.

### **How to get an appointment with DSHS**

Contact the local CSO for information. See pages 8-10 for CSOs in King County.

### **What is an assessment?**

An assessment is when a counselor meets with clients to discuss their involvement with alcohol and/or drugs. This is a very important process where clients can look at what they need. Several factors are considered in deciding the need for treatment and the type of treatment needed. At the interview, a chemical dependency counselor (also known as a case monitor) will evaluate the drug use/abuse severity, previous treatment attempts, present support systems and motivation for getting clean and sober. After this is reviewed, eligibility for treatment will be determined (see Adult Treatment Options, page 17).

### **Can clients choose their own treatment programs?**

If clients are financially and clinically eligible, they may be able to get the type of treatment they prefer if the treatment provider is contracted for ADATSA services and the case monitor agrees with the request. Case monitors will not refer clients to outpatient treatment if they think that inpatient is what is needed. ADATSA will only pay for treatment in a program that accepts ADATSA funding.

## **Can clients get into detox through ADATSA?**

Yes. If the case monitor determines that detox services are needed prior to entering inpatient treatment, the Placement Office at the Assessment Center will schedule a detox admit date just prior to the client entering treatment. If detox services are needed prior to entering outpatient treatment, detox services will be coordinated between the case monitor and the Placement Office or the clinical supervisor at the Assessment Center.

Effective July 2003, ADATSA funded clients participating at an inpatient treatment facility will not receive direct cash (formerly known as the CPI or Client Personal Incidental funds) unless the facility chooses to allow it on an exception basis. Instead, the treatment provider will provide, at no charge, limited supplies to meet the client's personal hygiene needs and other items as determined appropriate by the provider.

## **How much will ADATSA pay for?**

It will pay for treatment costs while clients are eligible, up to 180 days for inpatient treatment and up to 90 days of outpatient services. Extensions to these limitations may be granted to clients on an individual basis.

## **How many times can clients go to treatment?**

Treatment is limited to 6 months (180 days) in a 24-month period. Individual exceptions to policy may be granted as clinically appropriate.

## **What if clients leave against medical advice (AMA)?**

If clients decide to leave treatment against the advice of the treatment program, they must start by re-applying at the DSHS office and beginning the assessment process over again in order to re-enter treatment. Clients will also have to re-apply for benefits.

## **Destination: Adult Treatment Options**

There are different kinds of treatment programs available. Each may vary in treatment philosophy as well as length. Four types are described below. These include inpatient treatment, outpatient treatment, therapeutic communities and methadone maintenance. Specific treatment programs may differ a little or a lot from one another. If you want to know more about the programs, call the treatment agency to get more information.

### **Inpatient Treatment**

With inpatient treatment, people receive intensive, short-term treatment in a live-in treatment center. Treatment lengths vary depending on the individual needs of each client. Inpatient treatment involves education, individual and group counseling, and sometimes family sessions. It provides a protective environment during the early stages of drug treatment. There are several inpatient treatment centers in King County. Some only accept private pay or insurance and can be expensive, while others offer treatment for both private pay or insurance clients, as well as publicly funded individuals. The following is a list of King County facilities that accept both private and publicly funded clients.



## **Inpatient Programs**

### **Perinatal Treatment Services**

600 N 130th Street  
Seattle, WA 98122  
206-223-1300

Fees/coupons/insurance: CNP, TANF, PPW.

Length of stay: 180-day residential long term,  
180-day outpatient which can extend up to  
1 year.

Comments: Pregnant or parenting women only.

Smoke free facility. Smoking cessation support provided. Methadone services coordinated through T/H/S. Children may accompany mother if 5 years of age or younger. Therapeutic childcare; parenting support; developmental screening; children's mental health services; case management and nurse services on-site. Mental health assessments with follow-up. Will work with with CPS clients.

### **Residence XII**

12029 113th Avenue NE  
Kirkland, WA 98034  
425-823-8844

Fees/coupons/insurance: ADATSA, private pay  
\$275/day, private insurance.

Length of stay: Varies.

Comments: Women only. 1 to 2 months wait  
for ADATSA beds.





**Seattle Indian Health Board -  
Thunderbird Treatment Program**

9236 Renton Avenue S  
Seattle, WA 98118  
206-722-7152

Fees/coupons/insurance: CNP, GAU, TANF,  
ADATSA, private insurance, private pay,  
sliding fee.

Length of stay: 28-day intensive inpatient, 60  
days in recovery house, long-term, 6 month  
inpatient.

Comments: Focus on Native Americans, but all  
welcome. Not everyone does both intensive  
inpatient and recovery house.

**Swedish Medical Center/  
Ballard Pregnant Women's Program**

5300 Tallman Avenue NW  
Seattle, WA 98107  
206-781-6209

Fees/coupons/insurance: CNP (pregnant  
women only), TANF, private insurance,  
private pay.

Length of stay: 26 days.

Comments: This program is for pregnant,  
drug-addicted women only. Must complete  
assessment to be eligible.

**Veterans Affairs Puget Sound Health Care System**

1660 S Columbian Way  
Seattle, WA 98108  
206-764-2457

Fees/coupons/insurance: Fees vary. Must be  
low-income and uninsured or have service-  
connected disability to receive free services.

Length of stay: Varies.

Comments: For veterans only.

## **Outpatient Treatment**

Outpatient treatment allows clients to live at home and possibly even work while participating in the program. Treatment is usually tailored to individual needs. Typically, it involves group and/or individual counseling, lectures, referrals to 12-step and support groups and vocational services. Day and evening programs are usually available. Length of involvement may vary. Most people attend anywhere from 3 months to 2 years, depending on need and court-ordered requirements.

## **Outpatient Programs**

### **Asian Counseling and Referral Service (ACRS)**

720 8th Avenue S, Suite 200  
Seattle, WA 98104  
206-695-7600

Fees/coupons/insurance: \$130 assessment, CNP, GAU, private pay, private insurance, sliding fee.

Length of stay: 1-2 years.

Comments: Non-English speakers who are low/no income are eligible for interpreter services.

### **Center for Human Services**

17018 15th Avenue NE  
Seattle, WA 98155  
206-362-7282

Fees/coupons/insurance: CNP, LCP, TANF, PPW, private pay, private insurance, sliding fee, funds for pregnant or parenting women.

Length of treatment: 6 months to 2 years.

Comments: Focus on family treatment. Support for gay/lesbian/transgendered clients. Works with CPS clients. On-site child care available. Parenting support available. Pregnant women a priority. Evening appointments.

## **Community Psychiatric Clinic**

### **Bridgeway Recovery Programs**

3825 Bridgeway N

Seattle, WA 98103

206-632-5009

### **Northgate**

10501 Meridian Ave N, Suite D

Seattle, WA 98133

206-461-4544\*

### **Wallingford**

4120 Stone Way N

Seattle, WA 98103

206-461-3707\*

### **Belltown**

2329 4th Avenue

Seattle, WA 98121

206-461-3649\*

\* All inquiries regarding CD treatment services should be directed to the Bridgeway office.

Fees/coupons/insurance: CNP, GAX, private pay, some private insurance, sliding fee.

Length of treatment: Varies. Must be assessed first.

Comments: Adult and youth treatment provided. DUI assessments and intensive outpatient. Dual-diagnosis services at all sites.

## **Consejo Counseling and Referral Service**

3808 S Angeline Street

Seattle, WA 98118

206-461-4880

Fees/coupons/insurance: CNP, private pay, private insurance, sliding fee.

Length of treatment: Varies.

Comments: Latino focus. Support groups. ADIS (Alcohol/Drug Information School). Assessments. Will work with low income and undocumented clients.

### **Downtown Emergency Service Center (DESC)**

507 3rd Avenue  
Seattle, WA 98104  
206-464-1570

Fees/coupons/insurance: CNP, private pay,  
private insurance, sliding fee down to \$0.

Length of treatment: Varies.

Comments: Focus on people who are homeless  
or at risk of homelessness and people  
with co-occurring disorders.

### **Harborview Medical Center Addictions Program**

325 9th Avenue  
Seattle, WA 98104  
206-731-6703

Fees/coupons/insurance: CNP, private pay, private  
insurance, sliding fee down to \$0. \$115  
assessment for private pay.

Length of treatment: 6 months to 2 years.

Comments: Treatment services for individuals with  
the co-occurring disorders of mental illness and  
chemical dependency. Drop in Pretreatment  
Group: M, W, F 1-2 pm. DUI/DOL/deferred  
prosecution assessments. Evening services.

### **Korean Community Counseling Center**

302 N 78th Street  
Seattle, WA 98103  
206-784-5691

Fees/coupons/insurance: CNP, GAU, private  
pay, private insurance, sliding fee.

Length of treatment: 1-2 years.

Comments: Programs are conducted in  
Korean or English. Korean focus, but open  
to all. Alcohol/Drug information school and  
evaluation. Evening and Saturday  
appointments.

## **Moms Plus**

1916 Boren Avenue, Suite 200  
Seattle, WA 98121  
206-296-7480

Fees/coupons/insurance: All services free.

Length of treatment: Varies. Will follow up to 6 months postpartum.

Comments: This is for women who are pregnant and need chemical dependency treatment. Provides outreach in the downtown jail and Regional Justice Center.

## **Perinatal Treatment Services**

600 N 130th Street  
Seattle, WA 98133  
206-223-1300

Fees/coupons/insurance: CNP, TANF, PPW, low income and/or Dept. of Children and Family Services (DCFS) referrals, sliding fee.

Length of treatment: 6 months treatment with 6 months continuing care.

Comments: Pregnant or parenting women only. Will work with CPS clients. On-site childcare and parenting support available.

## **Recovery Centers of King County**

### **Central Seattle Office**

464 12th Avenue, Suite 300  
Seattle, WA 98122  
206-322-2970

### **Enumclaw Office**

1325 Cole Street  
Enumclaw, WA 98022  
360-825-4050



**Kent Office**

505 Washington Avenue S  
PO Box 1041  
Kent, WA 98032  
253-854-6513

Fees/coupons/insurance: CNP, ADATSA, PPW, TANF, private pay, private insurance, sliding fee, funds for pregnant or parenting women, \$105 assessment - private pay.

Length of treatment: 6 months to 2 year programs.

Comments: Women's intensive treatment provided. Alcohol and Drug Information School. Childcare available at central office. Dual-diagnosis program available. Will work with CPS clients. Pregnant women a priority.

**Seattle Counseling Service for Sexual Minorities**

112 Broadway Avenue E, 2nd Floor  
Seattle, WA 98102  
206-323-1768

Fees/coupons/insurance: ADATSA, CNP, private insurance, private pay, sliding fee scale. Low income clients who have coupons other than CNP may qualify for admission based on grant funding assessment.

Length of treatment: 6 months to 2 years.

Comments: Serves the lesbian, gay, bisexual, transgender, queer and allied communities. Agency also houses a harm reduction program, NEON, serving gay/bi men who use crystal methamphetamine. Comprehensive mental health programs available.

**Seattle Indian Health Board**

611 12th Avenue S, Suite 200  
Seattle, WA 98114  
206-324-9360

Fees/coupons/insurance: CNP, GAU, GAX, TANF, ADATSA, sliding fee, private pay, private insurance.

Length of treatment: 90 days.

Comments: Native American focus.

## **Therapeutic Health Services (T/H/S)**

### **Eastside Branch**

1412 140th Place NE  
Bellevue, WA 98007  
425-747-7892

### **Midvale Branch**

17962 Midvale Avenue N. #150  
Shoreline, WA 98133  
206-546-9766

### **Rainier Branch**

5802 Rainier Avenue S  
Seattle, WA 98118  
206-723-1980

### **Summit & Seneca Branches**

1116 Summit Avenue  
Seattle, WA 98101  
206-323-0930

Fees/coupons/insurance: CNP, GAU, ADATSA, Medicare, TANF, PPW, private pay, private insurance, sliding fee, funds for pregnant or parenting women.

Length of treatment: Varies.

Comments: Drug/alcohol treatment and methadone maintenance. Mental health services. Alcohol and drug information school (at Midvale only). Works with CPS clients. On-site childcare and parenting support available. Pregnant women a priority. Evening appointments.

## **United Indians of All Tribes Foundation**

1945 Yale Place E  
Seattle, WA 98102  
206-325-0070

Fees/coupons/insurance: CNP, GAU, ADATSA, Medicare, TANF, PPW, private pay, private insurance, sliding fee, funds for pregnant or parenting women.

Length of treatment: Varies.

Comments: Serves pregnant or parenting women. Works with CPS clients. Native American focus.

## **Therapeutic Communities**

Therapeutic communities are programs that provide long-term treatment in a community living environment. Clients receive treatment while also maintaining a household along with several others.

### **Genesis House**

621 34th Avenue  
Seattle, WA 98122  
206-328-0881

Fees/coupons/insurance: ADATSA, private pay (\$1200 fee for intake if not ADATSA. Long-term fees negotiable).

Length of treatment: 9-13 month program.

Comments: Clients live at Genesis House for up to 8 months. Welcomes moms and dads with kids up to 12 years old. Provides job training.

### **Seattle Drug & Narcotic Center (SEA-DRU-NAR)**

10344 14th Avenue S  
Seattle, WA 98168  
206-767-0244

Fees/coupons/insurance: ADATSA, sliding fee.  
No one denied for financial reasons.

Length of treatment: 9-12 months with 6 months aftercare.

Comments: This is a long-term program.

### **SEA MAR Recovery House**

24215 Pacific Highway S  
Des Moines, WA 98189  
206-878-7393

Fees/coupons/insurance: ADATSA, TANF, SSI.

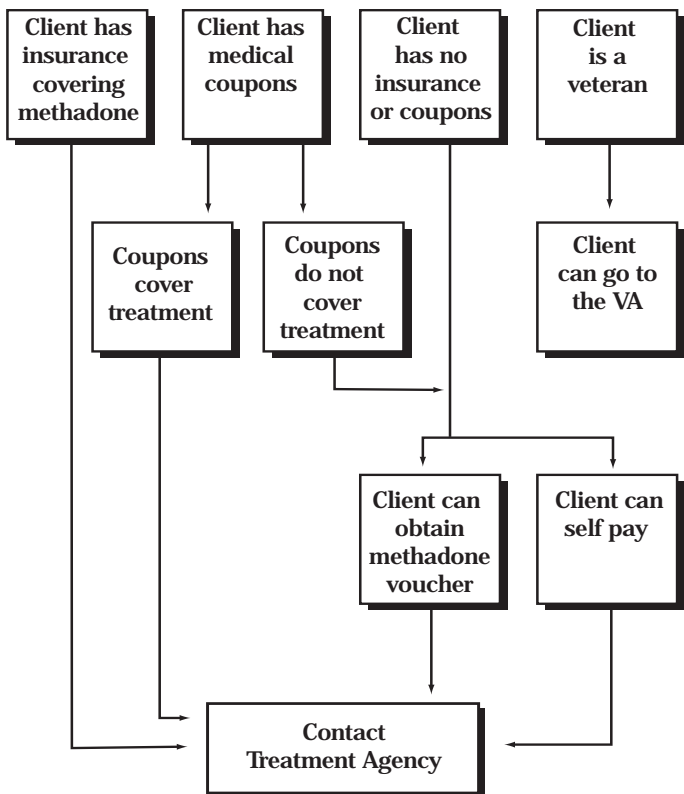
Length of treatment: Recovery House 60 days and long-term care up to 6 months.



## Methadone Treatment

Methadone is a synthetic oral medication that is used to treat opiate (heroin, oxycodone, percs, etc.) addiction. At an appropriate dose, it controls opiate craving and withdrawal sickness. The medication is dispensed on a daily basis by a licensed methadone clinic. Because methadone is a controlled substance, it is highly regulated by federal, state and local governments. Methadone treatment includes counseling and medical monitoring in addition to medication.

Getting admitted to a methadone clinic is somewhat different than other programs. Below is a flow chart followed by more detailed information. Please read this information carefully in order to understand admission and financial eligibility requirements.



Methodone treatment is provided at the following sites in King County:

**Therapeutic Health Services (T/H/S)**

**Summit & Seneca Branches**

1116 Summit Avenue  
Seattle, WA 98101  
206-323-0930

**Midvale Branch**

17962 Midvale Avenue N, Suite 150  
Seattle, WA 98133  
206-546-9766

T/H/S accepts private and public clients including Medicaid Title XIX.

**Evergreen Treatment Services**

1700 Airport Way S  
Seattle, WA 98134  
206-223-3644

Accepts private and public clients, including Medicaid Title XIX.

**Note:** Evergreen also operates mobile van-based clinics throughout King County. Call for locations.

**W.C.H.S.**

**Federal Way Clinic**

2025 S 341st Place  
Federal Way, WA 98003  
253-874-2030

**Renton Clinic**

2838 NE Sunset Boulevard  
Renton, WA 98056  
425-687-7082

W.C.H.S. accepts only self-paying clients and private insurance.

**Veterans Affairs Medical Center - Puget Sound Health Care System**

**Addictions Treatment Center**

1660 S Columbian Way  
Seattle, WA 98108  
206-764-2457

Limited capacity; accepts veterans only.

## Admission Requirements

Eligibility requirements for methadone treatment are set by federal and state law. Additional requirements may be established by individual treatment agencies. To be admitted to methadone treatment, a client:

- 1** Must be 18 years of age or older (parental/guardian permission required for 16-17 year olds).
- 2** Must demonstrate current physiological dependency on opiates. At intake, treatment medical staff will examine the client to observe signs and symptoms of opiate withdrawal. This is called the “sick intake physical.” The client should refrain from using heroin or other opiates for 24 hours prior to the sick intake physical. The client will receive the first methadone dose after passing the sick physical.

***Note:** A sick intake physical is not required for a woman who is pregnant. Also, exceptions may be made for incarcerated persons and for people who have previously successfully completed methadone treatment.*

- 3** Must provide photo ID.

To receive treatment for more than 180 days, the client needs documentation of at least one year’s history of opiate dependence. Documentation may include prior treatment records, medical records or testamentary letters.

A treatment agency may consider prior treatment experience before readmitting a client. Readmission may depend on the availability of space. If the client still owes money from a prior treatment experience, the agency may require payment or negotiate a time-phased payment plan as a condition for re-entry. Similarly, prior discharge status and counselor recommendations at the time of discharge may be considered before readmitting a client.



## Cost

Methadone treatment costs about \$300 per month. This fee covers the cost of the daily methadone dose, counseling, medical assessment and medical monitoring. Usually, methadone treatment is not provided on a sliding fee scale. Some treatment agencies provide additional clinical services such as acupuncture which are billed separately in addition to the methadone treatment cost.

## Funding Options

### **Title XIX (Medicaid)**

T/H/S and Evergreen are approved Medicaid (Title XIX) providers. They each have a limited number of Medicaid-funded treatment slots. Each treatment agency maintains a waiting list for Title XIX-eligible clients. It is the client's responsibility to get on the list. Waiting times vary from a couple weeks to several months. Not all categories of Medicaid cover methadone treatment. By law, clients who are enrolled in a Medicaid program that covers methadone may not self-pay for methadone services at an approved Medicaid provider agency.

*Check the table on page 31 to see which coupons cover methadone treatment.*



<i>Program</i>	CNP, CNP-QMB, TANF, SSI, GAX
<i>Covers Methadone?</i>	Yes
<i>Comments</i>	Covers full cost of methadone treatment. Number of Medicaid (Title XIX) slots at each site is limited. Depending on slot availability, agencies may place clients on Title XIX wait list.

<i>Program</i>	MNP, MNP-QMB, MNA, MN-B, MN-H, MNS
<i>Covers Methadone?</i>	Yes
<i>Comments</i>	Will cover cost of methadone treatment, but only <b>after</b> a required spend-down of medical expenses is paid. Amount of spend-down is based on income. See Medically Needy Program on page 5 for information.

<i>Program</i>	PPW, W (ADATSA), GAU
<i>Covers Methadone?</i>	No
<i>Comments</i>	Does not cover methadone treatment. However, Evergreen and T/H/S use GAU and/or ADATSA status to determine eligibility for federally-funded treatment slots. Each agency has a limited number of these slots. Waiting times usually range from 2 to 6 months, sometimes longer. Most PPW clients are eligible for TANF benefits (including methadone).

<i>Program</i>	LC-MI, QMB, SLMB, QDWI
<i>Covers Methadone?</i>	No
<i>Comments</i>	If in one of these programs, clients should look into getting a voucher (see page 32).

## **ORTP**

### **(Opiate Replacement Treatment Program)**

This is a funding program for people who have HIV or AIDS. To be eligible, a client must be opiate dependent, be HIV positive, reside in King County, have a primary medical provider and have an income at or below 200% of federal poverty level. ORTP funds are provided by Title 1 of the Ryan White CARE Act. There is no limit on fund duration, but the program is designed as gap funding and, by law, Ryan White funds may be used only as a last resort. Many clients who are HIV positive enter treatment with ORTP funds then transfer to Title XIX (Medicaid) once their name comes to the top of the Title XIX wait list. To obtain an ORTP referral, call one of the following:

Olivette Foster

POCAAN 206-322-7061 x213

Joan Clement

Harborview Madison Clinic 206-731-5162

Wait times for ORTP clients are minimal. Most ORTP clients enter treatment within one or two weeks. ORTP referrals are accepted at T/H/S and Evergreen.

## **Vouchers**

Vouchers that can be redeemed for methadone treatment are issued by Public Health's Needle Exchange Program. The voucher program receives funds from many different sources. Eligibility requirements, amount of coverage (full or partial support) and length of coverage vary by fund source. However, in most cases, the client must at least reside (or be homeless) somewhere within King County. Vouchers may be redeemed at T/H/S or Evergreen clinics. Demand for vouchers exceeds funding levels, so the Needle Exchange maintains a voucher waiting list. Wait times may vary from 3 to 19 months depending on demand and funding levels. Once a voucher has been issued, a client can usually get into treatment within a week or two. To get on the voucher wait list, clients should go to a Public Health Needle Exchange site and sign up in person.

For locations and hours of operation, call the HIV/STD Hotline at 206-205-7837 (STDS) or 1-800-678-1595 or visit [www.metrokc.gov/health/apu/resources/needle.htm](http://www.metrokc.gov/health/apu/resources/needle.htm).

### **Other Public Fund Sources**

T/H/S and Evergreen each receive a limited amount of federal and state funding for methadone treatment. These slots are usually reserved for clients who receive GAU benefits, a medical assistance program category that does not cover methadone treatment. Each agency maintains a wait list for these funds. Wait times vary and are often longer than 6 months.

### **Veterans Benefits**

The VA Hospital in Seattle operates a small methadone program for opiate dependent veterans. Enrollment capacity is limited, but they do keep a waiting list. Call (206) 764-2457 for more information.

### **Self-Pay**

Clients may self-pay for methadone treatment, but advanced payment is required, usually in monthly or bi-monthly installments. Clients who are Title XIX eligible may not self pay treatment costs at an approved Medicaid provider agency, even when a Title XIX slot is not available.

### **Private Insurance**

Some private insurance companies cover methadone treatment. Check with the client's insurance carrier. Washing State Basic Health Plan (BHP) does cover methadone. However, if the client was dependent on opiates prior to enrolling in BHP (i.e., their dependency is a pre-existing condition), there is a 9 month wait before coverage kicks in.

## **People Living With HIV/AIDS**

Drug dependence or problematic use can present difficult challenges for people who are HIV positive. Fortunately, there are specialized programs and dedicated funding for this population in King County. HIV drug treatment programs have staff who are trained to deal with complex medication interactions, psycho-social aspects of HIV disease, sexuality and sexual safety issues, and how all these issues interact with alcohol and drug use. HIV drug treatment programs also are skilled at coordinating treatment services with demanding health maintenance and medical treatment regimens. To maximize treatment effectiveness, pre-treatment planning and close coordination between the client's HIV/AIDS case manager and the treatment program are strongly recommended.

### **HASAP**

#### **(Hepatitis/AIDS Substance Abuse Program)**

This is a State-sponsored program that funds drug and alcohol treatment for people who have HIV or AIDS. The program was formerly known as **Project One**. In King County, HASAP contracts with local treatment agencies to provide:

- Alcohol/drug assessments (at SEA MAR).
- Individual Counseling and Group Support (at POCAAN).

Unfortunately, treatment slots in this program are very limited. But it is worth checking to see what is available at the time your client needs services. For more information and to access HASAP services, contact Olivette Foster at 206-322-7061 x213.

### **ORTP**

#### **(Opiate Replacement Treatment Program)**

This program is funded by Title 1 of the Ryan White CARE Act. It provides methadone treatment for people who are opiate dependent and HIV positive. To qualify, clients must reside in Seattle or King County, have an income at or below 200% of Federal Poverty Level, and be engaged in primary medical care.



Services are provided at Evergreen and T/H/S.  
For a referral, contact Olivette Foster at 206-322-7061 x213 or Joan Clement at 206-731-5162.

### **Northwest Family Center**

Northwest Family Center (NWFC) is a Ryan White funded program that serves HIV positive women and their families. NWFC has a chemical dependency professional (CDP) who can provide use management education, relapse prevention counseling, and aftercare planning once discharged from treatment. In addition, the CDP can assist clients with getting into chemical dependency treatment and community recovery groups. Counseling and referral services are provided free to HIV positive women and their families. For more information call 206-731-3066.

### **Project NEON**

Project NEON is an HIV prevention program funded by Washington State AIDS Omnibus funds and Public Health - Seattle & King County. It provides recovery and use management support for gay and bisexual men who use methamphetamine (crystal). Services include individual counseling, user support groups, structured recovery groups, and aftercare support. All counseling services are provided at Seattle Counseling Service for Sexual Minorities. Counseling and group services are provided free to both HIV positive and HIV negative residents of King County. Call 206-323-1768 or visit [www.crystalneon.org](http://www.crystalneon.org) for more information.

### **Medicaid**

Many HIV positive clients qualify for Medicaid funding. Several Medicaid programs cover drug treatment costs. See the Medical Identification Card and ADATSA sections of this guide for details.



## **Destination:**

# **Prescription Drug Options**

Prescription drugs may be used to help clients while they are in treatment as well as after they leave the program. These are prescribed drugs and must be monitored by a physician. Some clients may benefit from prescribed medications; others may not. It is a decision made between clients and physicians. Below are some of the medications used.

### **Antabuse**

Antabuse is a pill that an individual takes on a daily basis to avoid a drinking relapse. Drinking alcohol while taking antabuse will cause the person to become very ill. This is called behavior modification. It is used with those who feel that they would be less likely to drink if they knew they would get very sick.

### **Naltrexone**

Naltrexone is the antabuse for opiate users. Unlike antabuse, this does not make the person ill if they use opiates. Naltrexone occupies the opiate receptor sites in the brain so that the person may use opiates but won't get high. This is also a behavior modification technique. It helps guard against impulsive drug use. Naltrexone also decreases the craving for alcohol and is often used by chronic alcoholics.

### **Antidepressants**

When people detoxify from alcohol and drugs, depression often sets in. And some people may have a dual diagnosis. This means that they have some kind of mental illness and an addiction. Mental illness can be a trigger for people to go back to using. Antidepressants help people manage depression. A psychiatrist or general physician monitors these medications.

### **Clonidine**

Clonidine is a drug used for heart problems. It has been found to reduce or eliminate withdrawal symptoms in many people. Clonidine has been used within hospitals when detoxifying people from opiates, including methadone, in a much shorter time period and with less distress than without such medication.

It is also a drug that is asked for by clients who are detoxing. Clonidine has the potential for being abused.

## **Buprenorphine**

Buprenorphine is used to treat dependence on heroin and other opiates. It is a prescription drug that works by blocking withdrawal and craving. It can be used for both detox and long term treatment.

Buprenorphine comes in 2mg and 8mg tablets that are taken sub-lingually (under the tongue). Doctors can treat patients with buprenorphine in the privacy of their offices just like they do for other chronic illnesses like diabetes and high blood pressure. To prescribe buprenorphine, physicians are required to have special training or be certified as addiction specialists. By law, doctors and group practices can only treat 30 patients at one time. So some qualified doctors may not be taking new patients at a given time.

Buprenorphine is not yet covered by Medicaid or most private insurance. There is also no public funding. A client interested in this treatment would need to self-pay. Buprenorphine may cost \$350 or more per month, depending on the dose. For further information and to locate a qualified physician who can prescribe buprenorphine in Washington State, visit [www.buprenorphine.samhsa.gov](http://www.buprenorphine.samhsa.gov).



## **Destination: Sobering Options**

There is one sobering center in the Seattle area. This is a facility that allows people who are intoxicated to sleep off the effects of alcohol and other drugs. Referrals to medical detoxification, chemical dependency treatment and other social services are available but are not the primary focus. There is no fee for this service, and no medical care is provided.

### **Dutch Shisler Sobering Support Center**

1930 Boren Avenue  
Seattle, WA 98121  
206-205-1092

Assistance and transport of intoxicated individuals to appropriate services from designated areas of Seattle are available through King County Emergency Service Patrol (ESP). ESP responds to calls from 9-1-1 dispatch operators. These calls may come from public safety personnel, merchants, or interested citizens regarding individuals who are intoxicated in a public space and seen to be in need of assistance. ESP van drivers provide general assessment of these individuals for state of inebriation, level of consciousness and ability to ambulate, any obvious signs of injury or trauma, and willingness to accept services. This service is offered 24 hours per day, 7 days per week, 365 days of the year.

### **King County Emergency Service Patrol (ESP)**

206-205-1076



# Destination: Detoxification

## Standard Medical Detox

Detoxification is the process of drugs and/or alcohol leaving the body. It can be very uncomfortable to detox depending on how much and how long a person has been using. In some cases, detoxing must be done in a hospital because the withdrawal from some drugs or alcohol may cause serious medical consequences. In those cases, the detox is done under medical supervision, sometimes using medications to prevent seizures, extreme discomfort, or other medical complications. Many inpatient treatment programs will not accept clients until they are medically detoxed. This means that they must be well enough to participate in treatment.



*The answers to the next 11 questions apply to Recovery Centers of King County ONLY! For information or questions regarding other facilities, contact them at the numbers listed.*

### **How does someone get into detox?**

Clients can call the facility to get an appointment or they can go through their local DSHS office for an ADATSA referral.

### **How long will clients have to wait to get in?**

Clients who refer themselves will usually go on a waiting list. Wait time averages approximately 3-5 days. If going through ADATSA, a treatment agency or a case manager, an appointment will be made as soon as possible depending on bed availability and individual needs. No walk-ins are accepted.

### **How long can clients stay?**

The typical stay is 3 days for alcohol and 5 days for opiates. Clients whose withdrawal is complicated by multiple substances, medical or mental health conditions or who require assistance with treatment placement may need to stay longer. Some prescription

medications may require a medical release from the doctor before the client can be admitted into the facility. Cocaine, crack, and methamphetamine users usually do not require medical detox but may be admitted if space is available.

### **What if clients leave early?**

If clients leave early and later want to come back into detox or go to treatment, they may be referred to their local DSHS office for an ADATSA assessment.

### **What coupons cover detox?**

Detox is covered by CNP, GAU, GAX, TANF and ADATSA.

### **How much does it cost if clients want to pay for detox on their own?**

Detox costs \$195 a day. Alcohol detox averages 3 days, and \$585 is due upon admission. Opiate detox averages 5 days and \$975 is due upon admission. Remaining balances may be billed.

### **Do they take insurance?**

Yes. Check with the client's insurance carrier to see if the plan covers detox services. A deposit may be required upon entry into detox pending confirmation of coverage by the insurance carrier.

### **What happens if someone misses an appointment to get into detox?**

If clients miss their appointment, they may be put back on the waiting list at the bottom or put on a stand-by appointment. Clients who are unable to arrive on time for their appointment should contact the facility as soon as possible to determine if a late arrival can be accommodated.

### **How many times can clients go into detox?**

If clients go into detox 3 times over the course of a year, they may be referred to the chronic services division of the involuntary commitment department. They will assess clients to see what is going on that is leading to repeated admissions. They may refer clients to a residential long-term care facility where clients would live for awhile in order to get more attention around their drug and alcohol use.

## **Can clients go into treatment after detox?**

Yes. In fact, going into treatment is highly encouraged, and the staff at detox will help with this. ADATSA staff will also help clients get in.

## **Where to get detox**

There are three options for medical detox in King County:

### **Recovery Centers of King County**

#### **Seattle Detoxification Facility**

1701 18th Avenue S

Seattle, WA 98144

206-325-5000

#### **Kent Detoxification Facility**

505 Washington Avenue

Kent, WA 98032

206-325-5000

Fees/coupons/insurance: CNP, GAU, GAX,  
private insurance and private-pay. \$195/day.

Length of stay: Average of 5 days for heroin and  
3 days for alcohol.

Comments: Most cocaine users go to other  
centers. Cocaine users will be accepted based  
on availability. People addicted to prescription  
meds will be accepted with a medical release  
from a doctor.

### **Swedish Medical Center/Ballard Detox/Stabilization**

5300 Tallman Avenue NW

Seattle, WA 98107-1507

206-781-6209

Fees/coupons/insurance: Medicare A and B,  
private insurance, private-pay, ADATSA  
(for pregnant women only). Deposit of  
\$2,500 required for alcohol detox, \$3,500  
for opiate detox. Total cost varies  
depending on length of stay.

Length of stay: 3-8 days.

## Ultra-Rapid Detox

Getting physically detoxed is one piece of the larger picture of recreating a life without harmful drug use. Detox is a medically supervised process of withdrawing from alcohol and drugs. This can take a few days to a couple of weeks, depending on how long and how much a client has used. A newer detox process for opiate users is called ultra-rapid detoxification (URD). URD involves being put under general anesthesia (put asleep). While under, drugs are administered that push opiates out of the brain's opiate receptors. The withdrawal process takes only a few hours rather than a couple of weeks.

Being placed under general anesthesia always poses a medical risk. To date, there has not been adequate research to determine the safety of this procedure. Randomized clinical trials with adequate follow-up have not been done to evaluate short- and long-term benefits and harms of URD. There is no evidence that shows that people who undergo URD do any better than those who do not. URD is NOT recommended for people who have a long-term history of opiate dependency. Nor is it recommended for people who are addicted to multiple drugs in addition to opiates and people who have inadequate or limited positive social supports.

URD is very expensive ranging from \$5,000 to \$8,000, not including post-withdrawal therapy. At date of this publication, URD services are no longer available in King County.





## **Destination: Drug Court**

Drug Court provides the option of treatment instead of jail to people charged with certain crimes. These include:

- Drug possession
- Prescription fraud
- Low-level facilitation of a drug deal
- Qualifying Class C felonies with a fileable drug charge (theft 2, forgery, identity theft, malicious mischief 2, possession of stolen property 2 and taking a motor vehicle)

In addition to specific charges, candidates must meet the following eligibility requirements:

- No unresolved felony charges at the time of filing other than the Drug Court eligible drug charge
- No prior sex or violent offenses
- No history of significant domestic violence or driving under the influence

Eligibility requirements are subject to change and additional restrictions and requirements may apply. For additional information, contact King County Drug Diversion Court Services at (206) 296-7834.

### **What services does it provide?**

The Drug Court Program provides intensive outpatient treatment and, in some cases, inpatient treatment for those who cannot stay sober in an outpatient program.

### **Is methadone treatment provided?**

Yes. Methadone treatment may be provided for opiate-dependent participants.

### **What are the treatment options?**

Drug Court has contracts or agreements with several agencies to provide outpatient and inpatient treatment. These agencies are located throughout the King County area.

### **Can clients go to *any* treatment program they want if they don't like the choices provided?**

Yes. But clients are responsible for paying for their treatment at non-contracted agencies. Also, Drug

Court has two additional requirements:

- The treatment agency must be an accredited Washington State Chemical Dependency Treatment Agency.
- The agency must agree to follow Drug Court policies and procedures for treatment.

Currently, the agencies that participate in Drug Court treatment are:

**Center for Human Services..... 206-362-7282**

**Community Psychiatric Clinic -**

**Bridgeway Branch ..... 206-632-5009**

**Downtown Emergency Service**

**Center (DESC)..... 206-464-1570**

**Evergreen Treatment Services ..... 206-223-3644**

**Harborview Medical Center**

**Addictions Program ..... 206-731-3438**

**Highline West Seattle Mental**

**Health Center - Burien ..... 206-439-2550**

**Therapeutic Health Services (T/H/S)**

Eastside Branch..... 425-747-7892

Midvale Branch..... 206-546-9766

Rainier Branch..... 206-723-1980

Summit & Seneca Branches..... 206-323-0930

## **What will treatment be like?**

Every agency is different. A treatment experience at one treatment agency may be very different from another. There are also many similarities. Most outpatient treatment programs are group-oriented and have rules about the number of sessions clients can miss. Clients are expected to be in full compliance with their treatment agency's conditions.

Drug Court has three different treatment levels. Level requirements are outlined below.

**Level I:** Attend all treatment sessions  
2 UAs per week  
3 12-step meetings per week

**Level II:** Attend all treatment sessions  
1 UA per week  
3 12-step meetings per week

**Level III:** Attend all treatment sessions  
1 UA per week  
2 12-step meetings per week

### **How much does treatment cost?**

Drug Court pays for treatment if the treatment is provided by the contracted agencies. Clients will be required to make a contribution of \$100 or complete 24 hours of community service before graduating from the program.

### **Will clients have to report to court?**

Yes. While in Level I, clients will be required to report to court every four weeks. When they advance to Levels II and III, they must report to court every six weeks or more frequently if required by the Drug Court judge.

If clients are not doing well in the program, they may, among other things, be required to do community service hours, attend drug court to observe, do written assignments or do jail time.

If clients do not come to court when required, the court may issue a failure to appear warrant for arrest.

### **What happens if clients end up using again?**

If they use, clients will return to the previous level of treatment until they have achieved a sufficient period of sobriety again. If outpatient treatment does not meet their needs, clients may be referred to inpatient treatment.

## **Destination: Support Groups**

### **12-Step Groups**

All groups are based on the same philosophy. These groups include Alcoholics Anonymous, Cocaine Anonymous, Narcotics Anonymous, etc. The 12-Step model focuses on how to live without using drugs or alcohol by working the twelve steps. Meetings take place all over the world every day, and meetings are often tailored to special interests and needs. In addition to groups that focus on certain drugs such as cocaine or other narcotics, there are meetings for non-smokers, women, gays and lesbians, to name a few. There are no leaders, no fees and people remain anonymous. While not considered treatment itself, these groups provide a world-wide, permanent support system for those in recovery from chemical

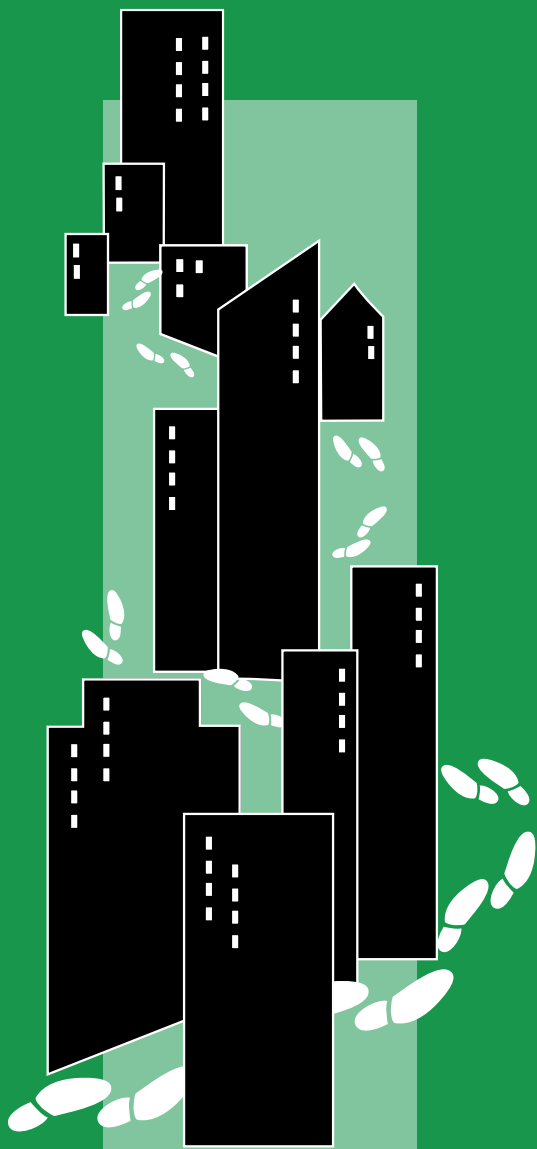
dependency. There are now, in some places, special groups for those who are HIV positive. To locate a group that will meet your needs, contact one of the support groups listed on page 64 of this guidebook.

### **RS (Rational Sobriety)**

Helping people to accept responsibility for behaviors, moods and beliefs, R.S. provides information and enables the individual to acquire skills through cognitive therapy. Emphasis is on developing and maintaining productive relationships and creating satisfying lifestyles. RS may be a good option for people who have concerns about the theological/religious aspect of 12-step groups. For more information, call 253-922-0229.

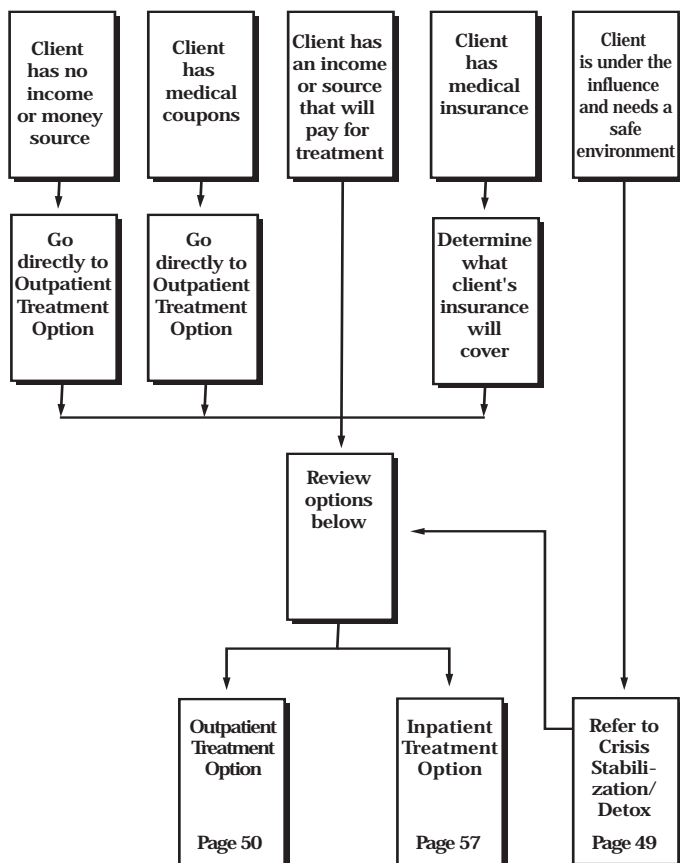


# Trail Youth to Section Treatment



# Youth Tour Map

## Abstinence-based Treatment



## **Destination: Youth Treatment Options**

There are different kinds of treatment programs available for treating youth for substance abuse. Each program may vary in treatment philosophy and length. Both inpatient and outpatient services are options depending on the individual's needs.

Specific treatment programs may differ a little or a lot from one to another. If you want to know more about the programs, call them to get more information.

### **Crisis Stabilization/Detoxification Services**

Detoxification/crisis stabilization provides a safe, temporary, protective environment for at-risk or runaway youth who are experiencing harmful effects of intoxication and/or withdrawal from alcohol or drugs. Detox/crisis stabilization is for youth 13-17 years of age. Youth under age 13 or over 17 may be served based on clinical need and availability of age-appropriate services. Youth can sign themselves into a detox/crisis stabilization program without parental consent.

In addition to supervised withdrawal, a referral to detox/crisis stabilization may be appropriate for youth who:

- Pose a clear and present danger to harm themselves or others due to their alcohol/drug use, withdrawal or associated emotional and behavioral problems.
- Have co-existing or undetermined mental health symptoms. Supervised detox may be necessary to make an accurate assessment of treatment needs.

Detox/crisis stabilization is a short-term service. It does not provide treatment, but for many, it is a needed start. The programs listed below can help obtain longer-term treatment services upon release.

## Detox/Stabilization Facilities

### Recovery Centers of King County Detoxification Center

1701 18th Avenue S  
Seattle, WA 98144  
206-325-5000

Fees/coupons/insurance: CNP, TANF, private pay,  
private insurance, sliding fee.  
Length of stay: Up to 10 days.

### Lakeside Milam Recovery Center

10322 NE 132nd Street  
Kirkland, WA 98034  
425-823-3116  
1-800-231-4303

Fees/coupons/insurance: CNP, TANF, private pay,  
private insurance, sliding fee.  
Length of stay: Up to 10 days.

## Outpatient Treatment

King County has a large provider network that serves youth on an outpatient basis. Outpatient agencies provide chemical dependency assessments and alcohol/drug free counseling programs for adolescents and young adults aged 10 to 20. They may also provide support services and counseling to family members. Outpatient treatment programs are designed to diagnose, stabilize, counsel and build supportive family and social systems. In addition to treatment for *addiction*, youth outpatient programs include treatment and education appropriate for *misuse* of alcohol and other drugs.

### Age of Consent

Parental authorization is required for **any** treatment of a minor **under age 13**. Youth 13 or older may give consent for outpatient counseling, care, treatment, or rehabilitation services. For minors aged 13 to 17, treatment programs are required to notify parents of the minor's request for treatment within 7 days **if**:

- The minor signs a written consent authorizing the disclosure, **or**



- The treatment program director determines that the minor lacks capacity to make a rational choice regarding consent.

## **Outpatient Treatment**

### **Auburn Youth Resources**

816 F Street SE  
Auburn, WA 98002  
253-939-2202

Fees/coupons/insurance: CNP, TANF, private pay, private insurance, sliding fee.

Length of stay: 3 months to 2 years.

Services: Alcohol/substance use and mental health treatment, individual/group/family therapy, parenting programs, sexual abuse counseling, crisis intervention, substance abuse prevention, services for pregnant/parenting teens, anger management classes, youth street outreach, youth drop-in centers, late night recreation programs, and youth residential services (emergency shelter, transitional living facility). Specialized services for Native Americans including programs on the Muckleshoot Indian Reservation.

### **Center for Human Services**

17018 15th Avenue NE  
Shoreline, WA 98155  
206-362-7282

Fees/coupons/insurance: CNP, private pay, sliding fee.

Length of stay: 3 months to 2 years.

Services: Alcohol/substance use and mental health treatment, individual/group/family therapy, parenting programs, family support centers with child care for participants, GLBT youth program, substance abuse prevention and treatment, after school program, English language learner classes, services for pregnant/parenting teens, anger management classes, and more.

### **Central Youth and Family Services**

1901 Martin Luther King Jr. Way S

Seattle, WA 98144

206-322-7676

Fees/coupons/insurance: CNP, TANF, Healthy Options, private pay, private insurance, sliding fee.

Length of stay: 1 month to 2 years.

Services: Alcohol/substance use and mental health treatment, individual/group/family therapy, parenting programs, parent advocacy, life skills youth group, crisis intervention, young men's violence, substance abuse prevention, services for pregnant/parenting teens, anger management classes, and youth street outreach. Targeted services for African Americans and Asian/Pacific Islander Americans.

### **Community Psychiatric Clinic**

4319 Stone Way N

Seattle, WA 98134

206-461-3614

Fees/coupons/insurance: CNP, LCP-MNP, TANF, PPW, private pay, private insurance, sliding fee.

Length of stay: 8 weeks to 2 years.

Services: Alcohol/substance use and mental health treatment, individual/group/family therapy, crisis intervention, developmental disabilities, youth street outreach, work program, youth residential services (emergency shelter, transitional living facility).

### **Consejo Counseling and Referral Services**

3808 S Angeline Street

Seattle, WA 98118

206-461-4880

Fees/coupons/insurance: Free for youth.

Length of stay: 6-12 months.

Services: Alcohol/substance use and mental health treatment, individual/group/family therapy, parenting classes, parent advocacy, life skills youth group, youth leadership program, crisis intervention, substance abuse prevention, youth

street outreach, transitional housing for women and children, services for victims of domestic violence, perpetrators treatment, sexual assault therapy for victims and survivors, vocational rehabilitation and housing services for homeless, mentally ill and dual diagnosed clients. Primarily provides services to Hispanics and Latinos.

### **Friends of Youth**

16225 NE 87th Street  
Redmond, WA 98052  
425-869-6490

Fees/coupons/insurance: CNP, private pay, private insurance, sliding fee.

Length of stay: 3 months to 2 years.

Services: Alcohol/substance use and mental health treatment, individual/group/family therapy, parenting programs, sexual abuse counseling, crisis intervention, substance abuse prevention, services for pregnant/parenting teens, anger management classes, youth street outreach, drop-in centers, and youth residential services (emergency shelter, transitional living facility). Primarily serves rural areas of King County.

### **Kent Youth and Family Services**

232 S Second Avenue, Suite 201  
Kent, WA 98032  
253-859-0300

Fees/coupons/insurance: CNP, private pay, sliding fee.

Length of stay: 10 weeks to 1 year.

Services: Alcohol/substance use and mental health treatment, individual/group/family therapy, parenting programs, sexual abuse counseling, crisis intervention, substance abuse prevention, residential services for pregnant/parenting teens, anger management classes, and youth street outreach.

### **Renton Area Youth Services**

1025 S Third Street

Renton, WA 98055

425-271-5600 or 425-226-6456

Fees/coupons/insurance: CNP, private pay, private insurance, sliding fee.

Length of stay: 6 months to 1 year.

Services: Alcohol/substance use and mental health treatment, individual/group/family therapy, parenting programs, crisis intervention, family support centers, case management for public housing residents, substance abuse prevention, services for pregnant/parenting teens, anger management classes, and youth street outreach.

### **Ruth Dykeman Youth & Family Services**

15001 8th Avenue SW

Seattle, WA 98166

206-243-5544

Fees/coupons/insurance: CNP, private pay, sliding fee, limited private insurance.

Length of stay: 6 months to 1 year.

Services: Alcohol/substance use and mental health treatment, individual/group/family therapy, parenting programs, sexual abuse counseling, crisis intervention, substance abuse prevention, services for pregnant/parenting teens, anger management classes, and youth residential services (transitional living facility). Services provided at the agency, schools, individual homes, and county housing. Specialized services for Asian/Pacific Islander Americans.

### **Ryther Child Center**

2400 NE 95th Street

Seattle, WA 98115

206-525-5050

Fees/coupons/insurance: CNP, private pay, sliding fee, private insurance.

Length of stay: 6 months to 1 year followed by aftercare/recovery.

Services: Alcohol/substance use and mental health treatment, inpatient and outpatient chemical

dependency services for youth, individual/group/family therapy, parenting programs, sexual abuse counseling, crisis intervention, substance abuse prevention, services for pregnant/parenting teens, anger management classes, youth street outreach, and youth residential services (emergency shelter, transitional living facility).

**United Indians of All Tribes Foundation  
Adolescent Substance Abuse Treatment Program**

9010 13th Avenue NW

Seattle, WA 98117

206-285-4425

Fees/coupons/insurance: CNP, private pay, sliding fee.

Length of stay: 3 months to 2 years.

Services: Substance use treatment, individual/group/family therapy, parenting programs, parent advocacy, life skills youth group, crisis intervention, cultural component (sweat lodge, talking circle, arts/crafts, drumming/singing, educational cultural presentations), education centers for youth who drop out of school, substance abuse prevention, anger management classes, youth street outreach, youth drop-in center and youth residential services (emergency shelter, transitional living facility). Primarily serves Native Americans in downtown Seattle.

**Valley Cities Counseling and Consultation**

33705 9th Avenue S

Federal Way, WA 98003

253-835-9975

Fees/coupons/insurance: CNP, private pay, private insurance.

Length of stay: Varies.

Services: Alcohol/substance use and mental health treatment, individual/group/family therapy, parenting programs, sexual abuse counseling, crisis intervention, substance abuse prevention, homeless outreach services, mental health and co-occurring disorders treatment.

## **Washington Asian Pacific Islanders Against Substance Abuse**

606 Maynard Avenue S

Seattle, WA 98104

206-223-9578 or 467-1563

Fees/coupons/insurance: CNP, private pay,  
sliding fee.

Length of stay: 6 months to 1 year.

Services: Alcohol/substance use and mental health  
treatment. Advocates for and provides alcohol,  
tobacco and other drug prevention and  
treatment services to Asian/Pacific Islanders.

EARLY INTERVENTION: outreach and  
assessment, resource referral, case management,  
individual and group counseling, skills  
development, tutoring, educational and  
family support.

YOUTH OUTPATIENT TREATMENT:  
intake and assessment, individual counseling,  
group therapy, problem solving, family  
counseling, community education and advocacy.

## **Youth Eastside Services**

### **Bellevue Office**

999 164th Avenue NE

Bellevue, WA 98008

425-747-4937

### **Kirkland Office**

13009 NE 85th Street

Kirkland, WA 98033

425-747-4937

### **Lake Washington Office**

13009 85th

Kirkland, WA 98033

425-747-4937

Fees/coupons/insurance: CNP, private pay,  
private insurance, sliding fee.

Length of stay: 3 months to 2 years.

Services: Alcohol/substance use and mental health  
treatment, individual/group/family therapy,  
parenting programs, crisis intervention,  
substance abuse prevention, services for

pregnant/parenting teens, anger management classes, school-based substance abuse and mental health programs, services for immigrant/refugee populations. Targeted services for gay, lesbian, bisexual and transgender youth.

## **Inpatient Treatment**

Inpatient treatment is offered at two levels in King County. Level I is for youth who have a primary diagnosis of chemical dependency and minimal to moderate behavior management needs. Level II provides more intensive services for chemically dependent youth who have additional issues that require integrated management such as a mental health diagnosis, extreme family dysfunction or prior trauma due to emotional, physical or sexual abuse.

More detailed information on Level I and Level II treatment programs is presented below.

### **Level I: Basic Inpatient Treatment**

Level I programs are for youth ages 13 through 17 who:

- Have a primary diagnosis of chemical dependency,
- Have a cognitive developmental age of at least 11, **and**
- Do not require intensive behavior management and clinical supervision.

Youth 12 and younger or age 18 to 20 may be admitted to youth inpatient treatment programs based on clinical assessment. In some cases, youth 18 or older may be referred to adult ADATSA for placement in an adult treatment program. As a general rule, Level I youth do not need intensive therapeutic intervention for other disorders such as mental health issues or aggressive behavior.

Length of stay is variable, based on clinical needs and program design. Maximum stay is 60 days. Some exceptions can be made if necessary.

Level I programs may admit youth who meet some of the clinical characteristics of a Level II client if the

decision is based on clinical assessment and the program's ability to meet the needs of the youth and the youth's family.

## **Level II: Intensive Inpatient Treatment**

Level II is for youth ages 13 through 17 who are chemically dependent **and** meet one or more of the following criteria:

- Mental health diagnosis (or potential diagnosis) such as attention deficit-hyperactivity disorder, depression, conduct disorder, etc.
- Extreme family disfunction.
- Prior trauma due to emotional, physical and/or sexual abuse.
- Pose a major risk of danger to self and/or others.
- High risk to not complete treatment.

Youth 12 and younger or age 18 to 20 may be admitted to youth inpatient treatment programs based on clinical assessment.

Length of stay is variable but usually is longer than Level I treatment. Maximum stay may extend to 120 days (expected range is 45 to 90 days). Exceptions to length of stay guidelines may be made based on clinical need. Level II programs provide chemical dependency counseling staff who are trained in areas other than chemical dependency, such as developmental issues, abuse, anger, aggression and behavior management. They also provide a mental health specialist and some level of security for youth who are at risk to leave treatment against clinical advice. Some Level II programs are locked facilities. Youth who have a history of serious criminal activity, assaultive behavior, sexual assault, murder, or attempted murder may be refused admission to treatment. Such refusals must be reviewed by a youth program manager at the Washington State Division of Alcohol and Substance Abuse (DASA).

Level II programs may serve youth who fit Level I characteristics, but Level II clients have priority for assessment and admission.



## **Referring to Inpatient Treatment**

Youth who have Title XIX medical coupons are eligible for DASA-contracted outpatient and inpatient services. Each agency that receives DASA funds is responsible for determining a youth's clinical and financial eligibility for treatment. Other family resources, such as insurance or private pay, may be used in combination with DASA funds.

Generally, it is best to refer youth to an outpatient facility for the initial assessment. This can facilitate transfer back to on-going outpatient support once the youth completes the inpatient phase of treatment. Inpatient facilities will conduct assessments for DASA eligible youth without cost. Youth who are admitted to inpatient programs will be referred back to the local outpatient program for continuing support after completion of inpatient treatment.

## **The At-Risk Runaway Youth Act**

Although many youth reluctantly agree to enter treatment, there is a small percentage of extremely resistant, defiant, runaway, non-offender youth whose parents have not been able to get them into treatment. The At-Risk Runaway Youth Act, also known as the "Becca Bill," gives parents options for getting needed services for their runaway, out-of-control, drug involved youth. DASA assists parents in obtaining an At-Risk Youth (ARY) petition so that they may get their runaway youth admitted to treatment under the Involuntary Treatment Act (ITA). The ARY petition originates with the parent's local Department of Children and Family Services (DCFS) office. A Family Reconciliation Services caseworker will assist parents file the petition with Juvenile Court. *The ARY petition may be a helpful tool if all other attempts fail to get the youth into treatment.* Youth who are experiencing immediate and life threatening consequences due to chemical dependency and who meet certain incapacity criteria may require involuntary commitment. The County Designated Chemical Dependency Specialist will conduct an investigation and evaluation before authorizing an ITA order.

## **Age of Consent**

Parental consent for inpatient treatment is required for anyone under the age of 18 with one exception: inpatient programs can admit youth without parental consent if youth meet the definition of a Child in Need of Services. To meet this determination, the youth must be living outside of the family home and the parents must be unavailable, unable or unwilling to provide consent for treatment. The inpatient program to which the youth applies will attempt to locate and engage the parents in the treatment process. If legal custody is held by DSHS, the inpatient program will work with DSHS casework staff to obtain consent for treatment.

## **Inpatient Facilities**

### **Level I Facilities**

#### **Lakeside Milam Recovery Center**

12845 Ambaum Boulevard SW

Seattle, WA 98146

206-241-0890

1-800-231-4303

Fees/coupons/insurance: Private insurance, State Direct (DASA).

Length of stay: Varies up to 35 days.

Services: An abstinence based program using the 12-step model.

#### **Thunderbird Treatment Center**

9236 Renton Avenue S

Seattle, WA 98119

206-722-7152

Fees/coupons/insurance: Private insurance, State Direct (DASA).

Length of stay: 60 days.

Services: Individual counseling, education, family counseling, and medical, dental and mental health services. Seminars on HIV/AIDS prevention, domestic violence, smoking cessation. Targets Native American male adolescents; however, all accepted.

## **Level II Secure Facilities**

### **Ryther Child Center**

2400 NE 95th Street

Seattle, WA 98115

206-525-5050

Fees/coupons/insurance: Private pay, private insurance, sliding fee, State Direct (DASA).

Length of stay: Varies.

Services: A non-smoking program providing AA/NA services, individual and group therapy, specialty groups, experiential programs. As an official part of the Seattle School District, residents can earn up to 1/2 credit each in art, health, physical education and special projects.

For additional information on other state-wide programs serving adolescents, call the Alcohol/Drug 24-Hour Help Line at 1-800-562-1240.

## **Recovery Housing**

Recovery housing is available for youth ages 13 through 17 who:

- Have completed inpatient chemical dependency treatment, **and**
- Cannot immediately live with their legal guardians, parents, foster parents, relatives, or other out-of-home placement.

Youth age 18 to 20 may be admitted based on clinical assessment. Level I and Level II recovery houses are available for youth who complete inpatient treatment.

Recovery house programs provide structure and supervision, continued treatment emphasizing recovery and abstinence from alcohol and drugs, and living, education and employment skills. The programs offer age-appropriate activities and access to community support systems.

## **Transportation Assistance/ Family Hardship Program**

This program assists families of youth admitted to DASA-funded, inpatient chemical dependency treatment programs and youth detoxification services. Assistance is provided to families for travel and lodging costs so that they may fully participate in the family treatment program. Families at the lowest income level with the least amount of resources who are required to travel more than 50 miles one way to attend treatment activities meet eligibility requirements. Priority is given for travel that is clinically required. DASA reimburses residential providers who, in turn, directly reimburse families. Funds are also available to outpatient county-funded youth agencies. For more information, contact the client's inpatient or outpatient program provider.

# Trail to **Information** **Treatment** & **Referrals**



## Information and Referrals

Alcohol/Drug	
24-Hour Help Line.....	206-722-3700 www.adhl.org
Community Information Line.....	206-461-3200 TTY 206-461-3610 www.crisisclinic.org
HIV/STD Hotline.....	206-205-7837 (STDS) 1-800-678-1595 TTY 206-296-4843 www.metrokc.gov/health/apu

### Support Groups

Alcoholics Anonymous.....	206-587-2838 www.seattleaa.org
Cocaine Anonymous.....	425-244-1150 www.caofwa.org
Marijuana Anonymous.....	206-548-9034 www.marijuana-anonymous.org
Narcotics Anonymous.....	206-790-8888 www.seattlena.org
Adult Children of Alcoholics	
(call Alcohol/Drug 24-Hour Help Line)....	206-722-3700
Al-Anon/Alateen	
Information Service.....	206-625-0000 www.seattle-al-anon.org
RS (Rational Sobriety).....	253-922-0229

### Other Helpful Resources

Debtors Anonymous.....	206-903-9463 www.dawashington.org
King County Mental Health Chemical Abuse & Dependency Services Division	
www.metrokc.gov/dchs/mhd/overview.htm	
NEON (recovery & management for gay/bisexual men who use methamphetamine)	206-323-1768 www.crystalneon.org
Nicotine Anonymous	
(call Alcohol/Drug 24-Hour Help Line)....	206-722-3700
WA State Tobacco Quit Line.....	1-877-270-7867 www.quitline.com

Overeaters Anonymous..... 206-264-5045  
[www.seattleoa.org](http://www.seattleoa.org)  
 Sexaholics Anonymous..... 206-548-9538  
[www.pugetsoundsa.org](http://www.pugetsoundsa.org)  
 Sex & Love Addicts Anonymous..... 206-583-0848  
[www.slaa-seattle.org](http://www.slaa-seattle.org)  
 WA State Domestic Violence  
 Hotline..... 1-800-562-6025  
 Harborview Sexual Assault Center.... 206-521-1800  
[www.hcsats.org](http://www.hcsats.org)  
 King County Seattle Assault  
 Resource Center..... 206-632-7273  
 1-800-825-7273  
[www.kcsarc.org](http://www.kcsarc.org)  
 Washington State Alcohol/Drug  
 Clearinghouse 1-800-622-9111  
<http://clearinghouseadhl.org>

### **Resources for Youth**

Child Protective Services..... 1-800-379-4139  
[www.dshs.wa.gov](http://www.dshs.wa.gov)  
 GLBTQ Youth Information Line..... 206-547-7900  
 National Runaway Switchboard..... 1-800-621-4000  
[www.nrscrisisline.org](http://www.nrscrisisline.org)  
 Orion Center..... 1-877-622-5551  
[www.youthcare.org](http://www.youthcare.org)  
 Street Youth Legal Advocates  
 of Washington.....1-800-542-0794 ext.239  
<http://students.washington.edu/sylaw>  
 Teen Feed..... 206-522-4366  
[www.usministry.org](http://www.usministry.org)  
 Teen Link Help Line..... 1-866-833-6546  
[www.crisisclinic.org](http://www.crisisclinic.org)  
 Youth Drug/Alcohol Helpline 206-722-4222  
[www.adhl.org](http://www.adhl.org)  
 Washington State Teen Line..... 206-722-4222  
[www.theteenline.org](http://www.theteenline.org)

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***Can't find the resource?***

***Want to discuss a client situation?***

***Call the Alcohol/Drug 24-Hour Help Line!***

From the greater Seattle area...	(206) 722-3700
Toll-free statewide.....	1-800-562-1240
Teenagers.....	(206) 722-4222
Website.....	<a href="http://www/adhl.org">www/adhl.org</a>

24-hour services

7 days/week

365 days/year

The Alcohol/Drug 24-Hour Help Line is a confidential telephone service that provides assistance and guidance for people who have alcohol and other drug-related problems in Washington State.





# Trail to Treatment



**Public Health**  
Seattle & King County

HEALTHY PEOPLE. HEALTHY COMMUNITIES.



**King County**

Department of Community  
and Human Services